



Your Health. Our Calling.

LifeWise Renovations® presents, in conjunction with Carondelet Home Care,

DEALING WITH STRESS AND SEXUALITY IN THE AGING POPULATION

PRESENTERS:

KAREN WHEELER

MICHELLE BECKHAM, RN



BROOKDALE

— SENIOR LIVING SOLUTIONS —

Wednesday, May 23, 2018 | 5:30 - 7:30 p.m.

St. Joseph Medical Center

1000 Carondelet Drive | Kansas City, MO 64114
Building D in the Alex George Auditorium

dinner provided | \$30 payable by cash, check or credit card at the door
registration is limited | 2.0 CEUs available

Visit lifewiserenovations.com/events to register.

OBJECTIVES

- 1 Discuss the ways stress impacts the lives of older adults.
- 2 Identify age-specific strategies and techniques for managing stress.
- 3 Describe stress management tools and resources for older adults.
- 4 Review facts about the prevalence of sexual expressions in older adults.
- 5 Learn strategies for dealing with sexuality when working with the elderly population.
- 6 Discuss ways to support sexual expression in the dementia population.